

# S



**S** is for strawberries. Strawberries are the first fruit to ripen in the spring. American Indians were already eating strawberries when the Pilgrims arrived. They crushed the berries and mixed them with cornmeal to bake strawberry bread. After trying this bread, the colonists changed the recipe, and strawberry shortcake was born! The strawberry is the only fruit with its seeds on the outside. On average, there are 200 seeds in a strawberry. California produces 75% of the nation's strawberries, an amazing one billion pounds each year. If all the strawberries produced in California in one year were laid berry to berry, they would go around the world 15 times!